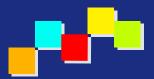
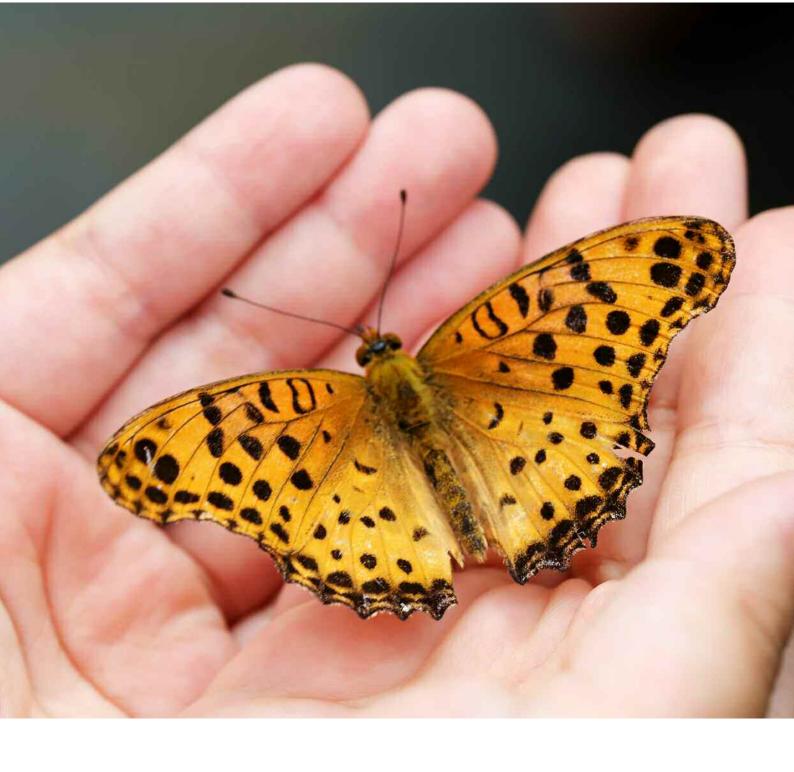


### Institutional stakeholder to develop community Observer member at works of the EU



# enjoy rights





Join us of UPKL you will do wonderful path as the a butterfly flight



A new approach to Human Rights through martial arts

EACEA, the European Commission agency approved the SoSport project identified with the HR+So brand and grant number 622350-EPP-1-2020-1-BE-SPO-SSCP.

The SoSport project developed with the support of the Erasmus+ program of the European Union aims to promote education with and through of sport to develop the skills of young people oriented and consistent with European social policies.

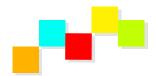
Sport understood in the European Union dimension implies a network of relationships on several levels:

- a close relationship between coaches, athletes and families
- a wider relationship between the local sports organization and the surrounding social fabric in which it operates.
- The relationship between the project partners: ARAMIS sports club of Barcelona, BU SEN Bresso metropolitan area of Milan, JKD Finland with offices in Helsinki and Oulu, city with over 170 thousand inhabitants coordinated

by UPKL international association of Brussels and project leader will allow the development of shared tools useful to meet the needs of local populations and schools and municipal administrations in the area.

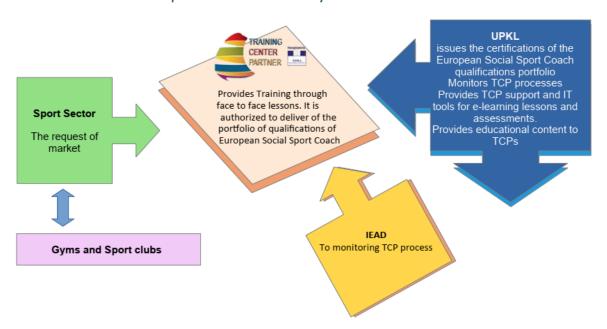
The objective of the project aims to promote the capacities of active and inclusive citizenship of people with disabilities or special needs due to their various frailties.

SoSport with the HR+So brand wants to effectively communicate a new way of doing sport by putting the emphasis on learning Human Rights through the practice of martial arts. An innovative model that pays particular attention to the development of skills "in a framework of profound social and environmental education" aimed at improving the cognitive abilities of students and martial arts practitioners in accordance with the objectives described in the HEPA Recommendations approved by the European Commission. XG HEPA in Lisbon on June 26, 2015.





## An example of the training flow and qualifications issued by U.P.K.L.



The Training Center Partners network is made up of profit or non-profit organizations authorized to issue the qualifications of the European Social Sport Coach (ESSC) program.

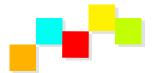
The professional qualifications that make up the ESSC are 5:

- Levels from 1 to 3 it is titles related to the Sports sector;
- Level 4 is a qualification of the Education sector that links the Sports sector to the social sphere;
- Level 5 is a specialist qualification in the holistic sector.

The European Social Sport Coach program is qualified and compliant with the HEPA Recommendation to achieve the goals set by the World Health Organization and outlined in the guidelines of the "More active people for a healtier world".

#### Ref

- 1) https://www.europe-upkl.eu/index.php/buttons-pack/hepa-recommandation
- 2) https://www.europe-upkl.eu/index.php/buttons-pack/final-report-hepa
- 3) https://www.europe-upkl.eu/index.php/typography/more-active-people







The work of the European Commission in 2015 gave rise to the HEPA Recommendation which directs Member States to support the processes of active citizenship in the approach to Human Rights.

The European Private Welfare program supports and involves the protagonists of the Family - School - Association systems.

The recipients of the services are young people and their families, through the involvement of local associations and school teachers.

The path intersects the issues of greatest importance and social impact:

- the right to education
- the fight against educational poverty and school dropout
- Active Citizenship Education
- support for social inclusion processes
- the right to health and the adoption of correct lifestyles
- the right to leisure and free time









UPKL protects the right to movement through cooperation with all stakeholders and in accordance with the principles of reciprocity, equity and mutual well-being.

**WuLin Virtual Kwoon** and **Fitness Virtual Gym** are programs of the Sport-Education platform, a multifactorial campus capable of simultaneously managing up to 1,000 users.

The offer allows the sports instructor to use a classroom equipped with the best webinar and live streaming connection systems (Big Blue Button) integrated into the UPKL LMS based on moodle technology.

Each activity for the safety of users is carried out with recording of the lessons in "on" mode. Access control complies with the provisions of the DPGR and of the UK Law 139.

Each family can connect to the platform by subscribing to the subscription. **Are you an Instructor?** Request your account and discover the benefits reserved for professionals.



#### **EUROPEAN SOCIAL SPORT COACH**

"Physical education and extra-curricular activities should foster an ethical education by teaching values such as fair play, cooperation, equity, equality, integrity, peace, human rights, and respect of others capabilities". In line with the HEPA recommendations, the

figure of the European social sport coach is born.

#### The European Social Sport Coach, LEVEL 4

is certified in Quality Management System and Ethics of UPKL and he has been assessed and recognized in accordance with the rules of the organization.

He pertains to the requirements of the International Standard Educational Jitakyoei and CEN 14:2010UNI CEI EN ISO / IEC 17024:2012

#### The activity profile:

this is a qualification that refers to an education activity.

Qualification of the European Social Sport Coach program included in Final Report XG HEPA EU Commission Cyprus 2016 April 12tr.

The individual who obtained this qualification is authorized to carry out autonomous and professional job. Itis conducts training sessions designed, planned and approved independently. The ESSC with this qualification has the knowledge to distinguish the elements that make up an education program through sport and a program of development of sports skills and general skills to teach the high level of sports education.

The function of the European Social Sport Coach is to design and deliver specific motor activity programs aimed at developing specific educational processes. Through the teaching of the discipline technique, it transmits to the student the behavioral codes designed to recognize and assimilate the human rights and behaviors aimed at achieving the preestablished social objectives in the program.

It prepares the teaching activity for individuals or groups; it evaluates the training needs analyzing the students' social and cultural context of origin. The activity of the European Social Sport Coach is aimed at the promotion of correct lifestyles aimed at preventing the use of doping substances, drugs and alcohol.

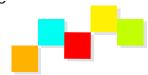
It advises, motivates and updates the students, individually or in teams, so as to allow the improvement of their state of well-being, always favoring the experimentation of the various relational dynamics through the practice of sport. It prepares program to harmonize physical, moral and intellectual growth through the practice of the reference sporting discipline.

It signals to those interested, in full compliance with privacy policies, the phenomena which affect eating disorders.

The activity of the European Social Sport Coach is aimed at all the targets which define the different evolutionary ages of person.

#### Ref.

- 1) https://www.europe-upkl.eu/index.php/buttons-pack/hepa-recommandation
- 2) https://www.europe-upkl.eu/index.php/buttons-pack/final-report-hepa
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## **UPKL**

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www.europe-upkl.eu www.sport-education.eu www.so-sport.eu

